# **SIZE GUIDE**

# MY · CLUB

### **MENS RUGBY SHIRT SIZE GUIDE:**

*All measurements are in cm					
SIZE	CHEST ACROSS	LENGTH	HIP ACROSS		
s	50	69	49		
М	52.5	71	51.5		
L	55	73	54		
XL	58	75.5	57		
2XL	61	78	60		
3XL	63	80.5	63		
4XL	66	83	66		



#### **HOW TO MEASURE**

- 1. Find a shirt you like the fit of and lay it out on a flat surface
- 2. Measure as above diagram explains
- 3. Refer to the size guide and find the closest size that matches

# **SIZE GUIDE**

# MY · CLUB

#### **WOMENS RUGBY SHIRT SIZE GUIDE:**

	*All measurements are in cm				
SIZE	CHEST ACROSS	LENGTH	HIP ACROSS		
6	47	62	47		
8	48	62.5	48		
10	50.5	63.5	50.5		
12	53	64.5	53		
14	55.5	65.5	55.5		
16	58	66.5	58		
18	60.5	67.5	60.5		
20	63	68.5	63		



#### **HOW TO MEASURE**

- 1. Find a shirt you like the fit of and lay it out on a flat surface
- 2. Measure as above diagram explains
- 3. Refer to the size guide and find the closest size that matches

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# MY · CLUB

#### YOUTH RUGBY SHIRT SIZE GUIDE:

*All measurements are in cm					
SIZE	CHEST ACROSS	LENGTH	HIP ACROSS		
4XSY	35	48	33		
зхѕү	38	52	36		
2XSY	41	56	39		
XSY	44	60	42		
SY	46	64	44		
МҮ	48	66	46		
LY	50	68	48		
XLY	52	71	50		



#### **HOW TO MEASURE**

- 1. Find a shirt you like the fit of and lay it out on a flat surface
- 2. Measure as above diagram explains
- 3. Refer to the size guide and find the closest size that matches

# **SIZE GUIDE**



### **MENS RUGBY SHORTS SIZE GUIDE:**

				*All measurer	ments are in cm
SIZE	WAIST TO FIT	LENGTH	FRONT RISE	BACK RISE	LEG OPENING
s	76-81	STANDARD	30	38	29
М	81-89	STANDARD	31	40	30
L	86-91	STANDARD	32	41	31
XL	91-97	STANDARD	33	42	33
2XL	97-102	STANDARD	34	43	34
3XL	102-107	STANDARD	35	44	35
4XL	107-112	STANDARD	36	45	36



#### HOW TO MEASURE

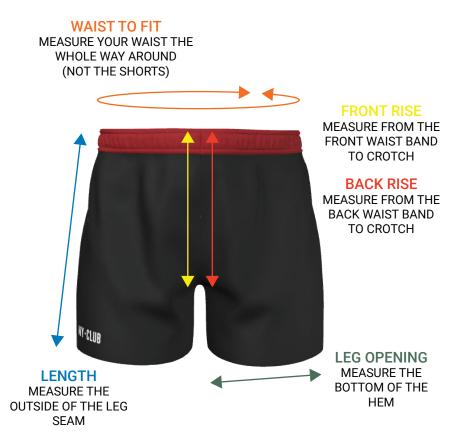
- 1. Find a pair of shorts you like the fit of and lay it out on a flat surface
- 2. Measure as above diagram explains
- 3. Refer to the size guide and find the closest size that matches

# **SIZE GUIDE**



### **WOMENS RUGBY SHORTS SIZE GUIDE:**

				*All measure	ments are in cm
SIZE	WAIST TO FIT	LENGTH	FRONT RISE	BACK RISE	LEG OPENING
6	60	STANDARD	26	32	25
8	65	STANDARD	27	33	26
10	70	STANDARD	28	34	27
12	75	STANDARD	29	36	28
14	80	STANDARD	30	38	29
16	85	STANDARD	31	40	30
18	92.5	STANDARD	32	41	31
20	99	STANDARD	33	42	33



#### **HOW TO MEASURE**

- 1. Find a pair of shorts you like the fit of and lay it out on a flat surface
- 2. Measure as above diagram explains
- 3. Refer to the size guide and find the closest size that matches

# **SIZE GUIDE**

# MY · CLUB

### **YOUTH RUGBY SHORTS SIZE GUIDE:**

				*All measure	ments are in cm
SIZE	WAIST TO FIT	LENGTH	FRONT RISE	BACK RISE	LEG OPENING
4XSY	30-36	STANDARD	22	28	21
3XSY	36-41	STANDARD	23	29	22
2XSY	41-46	STANDARD	24	30	23
XSY	46-51	STANDARD	25	31	24
SY	51-56	STANDARD	26	32	25
MY	56-61	STANDARD	27	33	26
LY	61-66	STANDARD	28	34	27
XLY	66-71	STANDARD	29	36	28

### **WAIST TO FIT** MEASURE YOUR WAIST THE WHOLE WAY AROUND (NOT THE SHORTS) **FRONT RISE** MEASURE FROM THE FRONT WAIST BAND TO CROTCH **BACK RISE** MEASURE FROM THE **BACK WAIST BAND** TO CROTCH YY-CLUB **LEG OPENING** MEASURE THE LENGTH **BOTTOM OF THE** MEASURE THE HEM **OUTSIDE OF THE LEG SEAM**

#### **HOW TO MEASURE**

- 1. Find a pair of shorts you like the fit of and lay it out on a flat surface
- 2. Measure as above diagram explains
- 3. Refer to the size guide and find the closest size that matches

# **SIZE GUIDE**



### **SOCKS SIZE GUIDE:**

SIZE	X SMALL	SMALL	MEDIUM	LARGE	nents are in cm X LARGE
Approx <b>UK SIZING</b>	9-12	12-2	3-5.5	6-11	12-14
Approx <b>EU SIZING</b>	N/A	31-36	37-40	40-46	46+

